

## Medical Team Conference

P - (Purpose): Team Case Conference with Isla and her parents to review treatment approach and discuss potential linkage to community resources. In attendance: Isla, her Mother/Father, Case Manager, Clinical Specialist, and Debbie Turner (Lifeworks Therapist).

I - (Intervention): I attended via zoom. I actively listened to Isla and her parents discuss their views of the treatment so far. I agreed that her medications appear stable and that behavioral intervention would be indicated at this time, before adding any additional medication or increasing dosage.

R - (Response): Isla did art (coloring) throughout most of the meeting. She was able to state that wants to keep meeting with Debbie, and that she wishes she had more friends at school. Isla's parents stated that they also would like her to continue with Debbie, but that Isla needs more support at school and at home. They stated that the medications have helped with Isla's sleep and focus, and they did not want to make medication changes at this time. The treatment team agreed that TBS would be beneficial to help with in the moment behavioral issues (impulsivity – running away, taking items from others, hiding when upset; at home – yelling at younger sister, some physical aggression, hiding or running away at home). Isla's parents agreed to the referral for TBS services.

PL - (Plan): Continue to meet with Isla and parents for psychiatry services.

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