

TCM TREATMENT PLAN - PLAN DEVELOPMENT (391)

P - (Purpose): Treatment plan for TCM services related to Janet's residential stability.

I - (Intervention): Traveled to Janet's house. Discussed Janet's goals for housing, and what case management help she would need. Returned to CMHC Petaluma.

R - (Response): Janet said, "I want to stay consistently the same. Same routine, same medications, same home. I don't want to change anything."

PL - (Plan): Case manager will work with Janet to find an IHSS worker to help with vacuuming, dusting, and other household tasks. SCBH will coordinate with her landlord, IHSS, and other housing services to help Janet achieve her goal.

P- (Purpose): Treatment plan for TCM services related to Kris's educational & job goals.

I - (Intervention): Talked to Kris about her goals and needs around education and job resources.

R - (Response): Kris would like to attend the first two classes of the Administrative Assistance certificate program at the Santa Rosa Junior College. She said she needs help coordinating with the disability office there for accommodations.

PL - (Plan): SCBH to provide targeted case management to help link Kris to the SRJC disability office and other providers to help her work toward her goal of completing the certificate program.

P- (Purpose): Treatment plan for TCM services related to Ash's goals for social, educational, residential, and family issues.

I - (Intervention): Talked to Ash about their goals and ways in which treatment team could help through case management.

R - (Response): Ash stated goals of, "I want to find places where I can make friends," "I really need to get my GED," and "I'm so tired of arguing with my family. I want to move out, or find ways to stop fighting so much." Ash said they will likely also need support in finding classes on daily living skills like cooking. They agreed that they'd like help working on these items.

PL - (Plan): SCBH to provide targeted case management to identify and link Ash to social environments (e.g., church, AA), educational resources for completing their GED, and family counseling. If Ash does decide to move out, SCBH to provide support in finding, applying for, and following up with residential options. SCBH to also work with Ash in finding and applying for classes in daily-living skills.