

**MENTAL HEALTH BOARD**  
**Executive Committee Meeting**  
**MINUTES**  
*VIRTUALLY ZOOM WEBINAR*

**Wednesday, October 5, 2022**

**10:30 to Noon**

**In accordance with Executive Orders N-25-20 and N-29-20 the Mental Health Board Executive Committee meeting will be held virtually.**

**MEMBERS OF THE PUBLIC MAY NOT ATTEND THIS MEETING IN PERSON**

Email Public Comment Prior to the Meeting:

You may email public comment to [DHS-MHB@sonoma-county.org](mailto:DHS-MHB@sonoma-county.org) no later than five days prior to the meeting. All emailed public comments will be forwarded to all Board Members. During the meeting, if you have joined as a member of the public in the Zoom app or by calling in, there will be specific points throughout the meeting assigned to public comment.

REASONABLE ACCOMMODATION:

If you have a disability, which requires an accommodation or an alternative format to assist you in observing and commenting on this meeting, please contact the Clerk of the Mental Health Board at (707) 565-4854 or by email [DHS-MHB@sonoma-county.org](mailto:DHS-MHB@sonoma-county.org) by 12:00 noon, Friday, October 15<sup>th</sup>, to ensure arrangements for accommodation.

**The rules for public observation and comment supersede and replace the standard provisions for the duration of the public health emergency.**

## Mental Health Board Executive Committee Agenda

1. MHB Treasurer's Report – \$1,909.91
  2. Recruitment and retention of MHB members – Vacancies – 3 vacancies one in District 2 (Rabbitt) and one in District 5 (Hopkins). Sarah Reidenbach will be appointed on November 1<sup>st</sup> BOS Agenda. MaryAnn Swanson has submitted her intent to resign her seat in District 2.
  3. Ethics Training – Reminder
  4. Discuss Board Planning: Special Topic Presentation, -
  5. BH Director's Report/DHS-BH Budget Update/Systems Transformation
  6. Other Reports Including CALBHB/C and Ad hoc committees; Legislative Agenda Items: PAM and Mental Health Services/Needs at Sonoma County Main Adult Detention Facility PAM (program assessment matrix) matrix and site visits.
  7. Discuss MHB acknowledging SCBH staff:
  8. MHB Fall Retreat Date – December 3<sup>rd</sup>
  9. MHB Chair's Report
  10. Future topics to add to agenda
  11. Public Comment
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### **Next MHB Meeting Agenda 10/18/2022–**

- Roll Call
- Approval of Minutes for September 20<sup>th</sup> Board Meeting
- Consumer Affairs Report - Consumer news, issues, concerns – Michael Reynolds/Sean Kelson
- Site Visit Committee – volunteers needed for site visits. Committee to review site documents.
- Behavioral Health Director's Report/BH Fiscal Update/Mental Health System Transformation
- Fall Retreat Dates and Presenter Confirmation
- Mental Health Board Appreciation: TBD
- Special Presentation: Eve Harstad, WCCS , PEER Services Overview
- Public Comment/Wrap-Up
- Adjournment

### **MHB Exec Meeting Agenda**

- Data Notebook Discussion/Update

AGENDA ITEM	DISCUSSION	RESOLUTION/ACTION
<b>Treasurer's Report</b>	Balance \$1,909.91	<ul style="list-style-type: none"> <li>Tori will reach out to Fiscal regarding new balance and notify MHB members.</li> <li>Fiscal did not have any information.</li> <li>Invoice for \$1,000 to CALBHB membership dues submitted for payment.</li> </ul>
<b>Recruitment and Retention of MHB Members</b>	Three vacancies: Two in District 2 (Rabbitt) and One in District 5 (Hopkins).	<ul style="list-style-type: none"> <li>Sarah Reidenbach will be appointed on November 1<sup>st</sup> BOS Agenda.</li> <li>Kathy Smith will be attending a Town Hall meeting to discuss the vacancies and MHB membership</li> </ul>
<b>Special Topic on 10/18/2022</b>	Eve Harstad, WCCS	<ul style="list-style-type: none"> <li>PEER Services Overview</li> </ul>
<b>Director's Report/DHS-BH Budget Update/Updates of MH Systems Transformations</b> Link to County of Sonoma, DHS-BH link: <a href="http://sonomacounty.ca.gov/Health/Behavioral-Health/">http://sonomacounty.ca.gov/Health/Behavioral-Health/</a>		<ul style="list-style-type: none"> <li>No report</li> </ul>
<b>Acknowledgement of SCBH Staff</b>	<b>October</b>	<ul style="list-style-type: none"> <li>Tori spoke to Jan regarding her discussion with the Section Managers about recognizing staff. It was decided it would be best to recognize programs instead of individuals. They suggested the first program to acknowledge should be CSU.</li> </ul>
Please go to this NAMI link for Navigating a Mental Health Crisis: <a href="https://www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis">https://www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis</a> ; call the NAMI Helpline at 800-950-NAMI Or in a crisis, text "NAMI" to 741741		<ul style="list-style-type: none"> <li>No report</li> </ul>
<b>MHB Site Visits</b>	Continued discussion regarding restarting the site visits in person	<ul style="list-style-type: none"> <li>Meeting on Tuesday, October 11<sup>th</sup> at 3 p.m. to discuss the site visits and process.</li> </ul>
<b>MHB Chair Report</b>	Data Notebook Due date is October 31, 2022	<ul style="list-style-type: none"> <li>Tori will reach out to Jan, Chris Marlow and Wendy Wheelwright for an update.</li> <li>Jan reported that Wendy Wheelwright is working on the Data Notebook.</li> <li>Invite BH staff to October Ex. Meeting to complete.</li> <li>November Exec Meeting will be to review and complete the Notebook</li> </ul>
<b>MH Board Member Discussion</b>	Fall Retreat-Zoom	<ul style="list-style-type: none"> <li>December 3<sup>rd</sup>. 9a- 3p with ½ lunch</li> </ul>

<p><b>CALBHB/C Reports to be Added as Agenda Item with Other Reports</b>  <b>Link to website:</b>  <a href="http://www.calbhbc.com/">http://www.calbhbc.com/</a></p>	<p>A. CALBHB/C  B. Conference Reports  C. Surveys</p>	<ul style="list-style-type: none"> <li>• Kathy is still attending QIC meetings. Sean Bolin was replaced, name of the new person wasn't available at the time of this meeting.</li> </ul>
<p><b>MHB Executive Committee and General Meetings Schedule and Proposed Topics</b></p>		<ul style="list-style-type: none"> <li>• October – PEERS Presentation</li> <li>• November – Data Notebook. Child Parent Institute, TLC and Social Advocates for Youth (SAY)</li> <li>• December – Winter Break</li> </ul>