



SONOMA COUNTY MENTAL HEALTH BOARD Minutes of

January 16, 2024

Hanna Center - Sonoma



Minutes are posted in draft form and after approval at www.sonoma-county.org/mhboard

Email: dhs-mhb@sonoma-county.org

Please Note: A list of commonly used abbreviations and acronyms is attached

This meeting's Zoom webinar audio recording will also be posted on the Mental Health Board web page as an attachment to these minutes.

CALL TO ORDER

Start time – 5:07p.m.

ROLL CALL

Present:

Bob Cobb, District 4

Irene Aguilar, District 5

Connie Petereit, District 4 (Zoom)

Peterson Pierre; District 1

Brad Katuna, District 2

Vanessa Nava, District 3 (Zoom)

Michael Reynolds, District 5

Absent:

Mary Ann Swanson, District 2

Michael Johnson; District 3

Nicole LeStrange, District 5 (notified)

County of Sonoma DHS, Behavioral Health Division: Jan Cobaleda-Kegler

COMMUNITY MEMBERS:

In person: Meghan Murphy, Gregory Fearon, Maricamen Reyes, Noeli Zamora, Leslie Petersen, Ed Nordquist, Becky Ennis, Nicole Nativad, Erika Khloe

Via Zoom: Elizabeth Vermilyea, Eve Harstad, Julie Kawahara, Kenia Leon, KT Swan, Maxilee, Eric,

ANNOUNCEMENTS /PUBLIC INTRODUCTIONS & COMMENTS

- 1) You may submit agenda items for consideration prior to the Executive Committee meeting, normally held on the first Wednesday of each month, 10:30 AM to Noon. Email or call MHB clerk (707) 565-3476, DHS-MHB@sonoma-county.org to verify the next meeting date.
- 2) **APPROVAL OF MINUTES** – November, 2023
- 3) **CONSUMER AFFAIRS REPORT** – By Sean Kelson, WCCS Program Manger
 - Interlink began hosting the PAC meetings in October and it continues to be a great success.
 - Of the 3 interns we had this quarter, there are now 2; one has moved on to full time Peer Support Specialist; paid position.
 - This Friday Forum at 1:30pm with Lucy Kenyon and Karen Miller to discuss Lyme disease; awareness and support
 - The Petaluma Recovery Forum is month is mastering goal setting and is Wed. 1/31.
 - The PRC will soon be offering snacks and a hot drink. There are new art projects lined up for February.

- The computer lab also continues to expand
- The Well ness and Advocacy Center greatly appreciate their goals for group attendance for the fiscal year in both socialization and activities and self-help support groups. Averaged 166 group sessions per month and 1417 in participation. Four Peer Support Specialist interns are working toward completing their internship program.
- Transitions into Housing program celebrated the first graduates of the Peer Support Program. Due to the success the program is celebrating their contract extension with DHS.

4) **MHB CHAIR’S REPORT:** Not a lot other than current vacancies:

Board Member Openings by District:

- (2) Vacancies in District 1 (Gorin)
- (1) Vacancy in in District 2 (Rabbitt)
- (1) Vacancy in District 3 (Corsey)
- (1) Vacancy in District 4 (Gore)
- (0) Vacancies in District 5 (Hopkins)

If you are interested in serving on the Board, please complete an application at: <https://sonoma-county.granicus.com/boards/w/808bd6e42edf8e0f/boards/36909>

Please direct all questions to the Chair.

Michael Reynolds shared the results of the polling for the MHB Retreat. The date voted on is March 16, from 9am-4:00pm. He will look to schedule this at the Hanna Center. Also provided update on recruitment efforts. We are making an effort to outreach for Spanish inclusion. There will be a vote in February after sharing some preliminary information. Irene Aguilar volunteered to assist in translation as/if needed. Jan shared the biggest concern (after showing great appreciation for the thought) would be the effort takes away from meeting participation. Peterson shared that we could try it, but we do have a budget. He prefers live translation – you cannot really get the human component when trying to listen online/Zoom. During the call Vanessa Nava also volunteered to assist.

Leslie Peterson inquired about the possibility (if it is a possibility) for an employee of the Hanna Center to serve on the MHB. There are various understandings of the policy, and it was left that Jan would reach out to County Counsel for a firm answer.

SPECIAL GUEST- Supervisor Gorin

- East Sonoma County Services Center just opened – this is where she has been spending her office time. They’d been looking at a site for 6 years, so this is a major accomplishment. January 26 is the open house and will serve refreshments.
The other third of the building has been purchased by an architectural firm, which dashes her hopes of negotiating for an expansion of our services. Staffing challenges remain and are slow at the services center. Looking at planning a career fair. She is so thankful to Health & Human Services for providing part time staffing.
- First BOS meeting of the year was held. David Rabbitt has been elected as the Chair of the Board. Sup. Hopkins will serve as Vice Chair. Sup. Gorin is retiring this year.
- Funding sources are a large challenge. She continues to remind Jan Cobaleda-kegler, Christina Rivera and Angelina Stronfen (sp?). She greatly appreciates those that serve on the MHB. She is working on filling vacancies but not a lot of opportunity. Christina Rivera is the County Administrative Officer and she’d doing a great job. She’s hopeful she can come visit with us – she is Latina and fluently bilingual.

- Social Advocates for Youth is having financial difficulties and will be shutting down it seems. She's trying to figure this out as she has been a supporter of them since before the dream became a reality. Hanna Center and two other organizations are submitting proposals to continue the counseling services. Also looking into how the county can lease the building so we have another 60 units of transitional housing as one option.
- Final thoughts – thank you to the Hanna Center for hosting us and for all they do.

BOARD AND PUBLIC COMMENTS/CONCERNS/ACCOMPLISHMENTS:

MENTAL HEALTH BOARD APPRECIATION: The Hanna Center; given to Leslie Petersen

SRJC PEER REPORT: - Valeria Corona unable to attend this month but will return in February.

BEHAVIORAL HEALTH DIRECTOR'S REPORT/BH FISCAL UPDATE/MENTAL HEALTH SYSTEM: *Dr. Jan Cobaleda-Kegler*

Job fair was held in November month and was very successful. Five participants were hired as a result to date. Plan is to hold one in Spring, and one in the Fall. In Spring, we are hopeful to include our CBO's. Last year at this time vacancy rate was 28%, our highest. It has come down to 21%. BOS approved salary increases helped in the effort as well as hiring bonuses. We have been given to hire our goal of 19 people. This will consist of licensed and non-licensed but trained CHW's. March 1 is new tentative date hoping to go live.

MHSA three-year plan was approved. CPHDA advised that we keep things as they are since we don't know what will happen because of Prop 1. This is a hot topic and more to come.

SB 43 was signed into law in the Fall, and it changes the criteria for those who qualify for conservatorship. It expands from severely mentally order. Those with severe substance abuse disorder will now be included as well. Counties could declare a waiver for this, which we did, and we have until Jan. 2026 to plan accordingly.

Care Court – Initiative in simple terms; allows intervention with folks who are not cooperating with their treatment plan. Care Court would require a petition is filed for them, a plan will be made, and criteria will be evaluated. They will be seen before a judge and will be put on a 12-month treatment plan if ruled accordingly. We will implement in December of this year. She will bring information in the Spring on updates as to our plan.

SPECIAL PRESENTATION – Leslie Petersen with the Hanna Center provided information and updates on their center in a slide show. Please click on the pdf below of this presentation.



Business
Development Preser

PUBLIC COMMENTS: Mary-Frances Walsh asked about the county's new Patient Rights Advocate as she recently found out that there was a change, but was unaware of it. Jan Cobaleda-Kegler apologized for the lack of publicity on this and mentioned she will share more about this in February. The PRA is now the Mental Health Association of Alameda County.

Meeting Adjourned: 7:02 p.m.

Respectfully submitted by:

Susan Sarfaty
Mental Health Board Secretary

ABBREVIATIONS & ACRONYMS

5150	Declared to be a danger to self and/or others
AB3632	Assembly Bill - State-mandated MH services for seriously emotionally disturbed youth - discontinued by State
ACA	Affordable Care Act
ACL	All County Letter
ACT	Assertive Community Treatment (program run by Telecare)
ANSA	Adult Needs and Strengths Assessment – a “tool” for determining which services are needed by each particular adult client
ART	Aggression Replacement Therapy
BHD	Behavioral Health Division (Sonoma County)
CADPAAC	County Alcohol and Drug Program Administrators’ Association of California
CAHPS	Consumer Assessment of Healthcare Providers and Systems
CaIEQRO	California External Quality Review Organization
CALMHB/C	California Association of Local Mental Health Boards & Commissions - comprised of representatives from many MHBs in the State
CANS	Child, Adolescent Needs and Strengths (Assessment) – helps determine which services are needed by each child client
CAPE	Crisis Assessment, Prevention, and Education Team; goes into the schools when called to intervene in student mental health matters
CAPSC	Community Action Partnership-Sonoma County
CARE	California Access to Recovery Effort
CBT	Cognitive Behavioral Therapy
CCAN	Corinne Camp Advocacy Network - Peers involved in mental health advocacy
CDC	Sonoma County Community Development Commission
CDSS	California Department of Social Services
CFM	Consumer and Family Member
CFR	Code of Federal Regulations
CFT	Child Family Team
CHD	California Human Development
CHFFA	California Health Facilities Financing Authority
CIP	Community Intervention Program
CIT	Crisis Intervention Training (4-day training for law enforcement, to help them identify and respond to mental health crisis situations)
CMHC	Community Mental Health Centers, Located in Petaluma, Guerneville, Sonoma, and Cloverdale (part of SCBH))
CMHDA	California Mental Health Directors Association
CMHL	SCBH’s Community Mental Health Lecture series - open to the public - usually takes place monthly
CMS	Centers for Medicare and Medicaid Services
CMSP	County Medical Services Program - for uninsured, low-income residents of the 35 counties participating in the State program
CONREP	Conditional Release Program (State-funded, SCBH-run, but will be turned over to the State 6/30/14)
CPS	Child Protective Service
CPS (alt)	Consumer Perception Survey (alt)

CRU	Crisis Residential Unit (aka Progress Sonoma-temporary home for clients in crisis, run by Progress Foundation)
CSU	Crisis Stabilization Unit (Sonoma County Behavioral Health's psychiatric emergency services at 2225 Challenge Way, Santa Rosa, CA 95407)
CSAC	California State Association of Counties
CSN	Community Support Network (contract Provider)
CSS	Community Services and Support (part of Mental Health Services Act-MHSA)
CWS	Child Welfare Services
CY	Calendar Year
DAAC	Drug Abuse Alternatives Center
DBT	Dialectical Behavioral Therapy
DHCS	(State) Department of Health Care Services (replaced DMH July 1, 2011)
DHS	Department of Health Services (Sonoma County)
DPI	Department of Program Integrity
DSRIP	Delivery System Reform Incentive Payment
EBP	Evidence-basis Program or Practice
EHR	Electronic Health Record
EMR	Electronic Medical Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment (Children's Full Scope Medi-Cal to age 21)
EQRO	External Quality Review Organization (annual review of our programs by the State)
FACT	Forensic Assertive Community Treatment
FASST	Family Advocacy Stabilization, Support, and Treatment (kids 8-12)
FQHC	Federally Qualified Health Center
FY	Fiscal Year
HCB	High-Cost Beneficiary
HIE	Health Information Exchange
HIPPA	Health Insurance Portability and Accountability Act
HIS	Health Information System
HITECH	Health Information Technology for Economic and Clinical Health Act
HSD	Human Services Department
HPSA	Health Professional Shortage Area
HRSA	Health Resources and Services Administration
IHT	Integrated Health Team (medical and MH services for adults)
IPU	Inpatient Psychiatric Unit
IRT	Integrated Recovery Team (for those with mental illness + substance use issues)
IMDs	Institutes for Mental Disease (residential facilities for those unable to live on their own)
INN	Innovation (part of MHSA)
IT	Information Technology
JCAHO	Joint Commission on Accreditation of Healthcare Organizations - accredits hospitals & other organizations
LEA	Local Education Agency
LG	Los Guilicos-Juvenile Hall
LGBQQTI	Lesbian/Gay/Bisexual/Queer/Questioning/Transgender/Intersexed (also LGBTQ)
LOS	Length of Stay

LPS	Lanterman Petris Short (Conservatorship)
LSU	Litigation Support Unit
M2M	Mild-to-Moderate
MADF	Main Adult Detention Facility (Jail)
MDT	Multi-Disciplinary Team
MHB	Mental Health Board
MHBG	Mental Health Block Grant
MHFA	Mental Health First Aid
MHP	Mental Health Plan
MHSA	Mental Health Services Act
MHSD	Mental Health Services Division (of DHCS)
MHSIP	Mental Health Statistics Improvement Project
MHST	Mental Health Screening Tool
MHWA	Mental Health Wellness Act (SB 82)
MOU	Memorandum of Understanding
MRT	Moral Reconciliation Therapy
MST	Mobile Support Team - gets called by law enforcement to scenes of mental health crises
NAMI	National Alliance on Mental Illness
NBSPP	North Bay Suicide Prevention Project
NOA	Notice of Action
NP	Nurse Practitioner
OSHPD	Office of Statewide Health Planning and Development - the building department for hospitals and skilled nursing facilities in state
PA	Physician Assistant
PAM	Program Assessment Matrix Work Group
PATH	Projects for Assistance in Transition from Homelessness
PC 1370	Penal Code 1370 (Incompetent to Stand Trial, by virtue of mental illness)
PCP	Primary Care Provider (medical doctor)
PES	Psychiatric Emergency Services – (open 24/7 for psychiatric crises – 2225 Challenger Way, Santa Rosa, CA 95407)
PEI	Prevention and Early Intervention (part of Mental Health Services Act-MHSA)
PHF	Psychiatric Health Facility
PHI	Protected Health Information
PHP	Parker Hill Place - Telecare's transitional residential program in Santa Rosa
PHP	Partnership Health Plan
PIHP	Prepaid Inpatient Health Plan
PIP	Performance Improvement Project
PM	Performance Measure
PPP	Triple P - Positive Parenting Program
PPSC	Petaluma People Services Center
QA	Quality Assurance
QI	Quality Improvement
QIC	Quality Improvement Committee
QIP	Quality Improvement Policy (meeting)
QIS	Quality Improvement Steering (meeting)

RCC	Redwood Children’s Center
RFP	Request for Proposals (released when new programs are planned and contractors are solicited)
RN	Registered Nurse
RRC	Russian River Counselors
ROI	Release of Information
SAR	Service Authorization Request
SB	Senate Bill
SBIRT	Screening, Brief Intervention, and Referral to Treatment
SCBH	Sonoma County Behavioral Health
SCOE	Sonoma County Office of Education
SDMC	Short-Doyle Medi-Cal
SED	Seriously Emotionally Disturbed
SELPA	Special Education Local Planning Area
SMHS	Specialty Mental Health Services
SMI	Seriously Mentally Ill
SNF (Sniff)	Skilled Nursing Facility
SOP	Safety Organized Practice
SPMI	Serious Persistent Mental Illness (or Seriously Persistently Mentally Ill)
SUDs	Substance Use Disorders Services (formerly AODS)
SWITS	Sonoma Web Infrastructure for Treatment Services
TAY	Transition Age Youth (18-25)
TBS	Therapeutic Behavioral Services
TFC	Therapeutic Foster Care
TSA	Timeliness Self-Assessment
VOMCH	Valley of the Moon Children’s Home
WET	Workforce Education and Training (part of MHSA)
WCCS	West County Community Services
WCHC	West County Health Centers
WPC	Whole Person Care
WRAP	Wellness Recovery Action Plan
WRAP (alt)	Working to Recognize Alternative Possibilities (alt)
Wraparound	Community-based intervention services that emphasize the strengths of the child and family
YS/Y&F	Youth Services/Youth & Family (Sonoma County Behavioral Health)
YSS	Youth Satisfaction Survey
YSS-F	Youth Satisfaction Survey-Family Version